

JANUARY 2021

Activities Director: Ayana Wheatley, MT-BC x539



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	ACTIVITIES DEPARTMENT: 1 ST Floor: Lillian 2 ND Floor: Rebeca 3 RD Floor: Joanne Part time/Evening: Lacrishia	Video call appointments: x539 (Facetime or Google Duo)	Mass offered Fridays and Sundays on channel 20.	Activities and locations, subject to change.	1 New Year's Day 9:30: Daily Chronicles/ Activity Cart 10:15: Mass: Channel 20 11:00: Stay Active! 11:30: Year in Review 2:00: Holiday Cheer 4:00: Room Visits 6:00: Evening Social	2 10:00: Wake up to the Music! 11:00: Weekend Review 2:00: Bingo
3 11:00: Mass channel 20 2:00: Virtual Hugs	4 9:30: Daily Chronicles/ Activity Cart 10:00: Rosary 10:30: Morning Stretch 11:30: Morning Chat 2:00: Creative Corner: Cards 4:00: Room Visits	5 9:30: Daily Chronicles/ Activity Cart 10:00: Morning Meeting 10:30: Fun with Fitness 11:30: <i>Morning Sing Along 1st fl.</i> 2:00: Bible Study 1st fl. 4:00: Room Visits 6:00: Evening Social	6 Epiphany 9:30: Daily Chronicles/ Activity Cart 10:00: Rosary 10:30: Sit & Be Fit 11:30: Walking Club 2:00: Bingo 4:00: Room Visits	7 9:30: Daily Chronicles/ Activity Cart 10:00: Morning Review 10:30: Exercise Essentials 11:30: Trivia Thursday 2:00: Bowling 4:00: Room Visits 6:00: Evening Social	8 9:30: Daily Chronicles/ Activity Cart 10:15: Mass: Channel 20 11:00: Stay Active! 11:30: Week in Review 2:00: Happy Birthday Elvis! 4:00: Room Visits 6:00: Evening Social	9 10:00: Wake up to the Music! 11:00: Weekend Review 2:00: Jewelry Making
10 11:00: Mass channel 20 2:00: Virtual Hugs	11 9:30: Daily Chronicles/ Activity Cart 10:00: Rosary 10:30: Morning Stretch 11:30: Morning Chat 2:00: Song Writing w/Ayana 4:00 Room Visits	12 9:30: Daily Chronicles/ Activity Cart 10:00: Morning Meeting 10:30: Fun with Fitness 11:30: Reading Corner 2:00: MLK Lecture via Zoom 4:00: Room Visits 6:00: Evening Social	13 9:30: Daily Chronicles/ Activity Cart 10:00: Rosary 10:30: Sit & Be Fit 11:30: Walking Club 2:00: Bingo 4:00: Room Visits	14 9:30: Daily Chronicles/ Activity Cart 10:00: Morning Review 10:30: Exercise Essentials 11:30: Trivia Thursday 2:00: Travel Club 4:00: Room Visits 6:00: Evening Social	15 9:30: Daily Chronicles/ Activity Cart 10:15: Mass: Channel 20 11:00: Stay Active! 11:30: Week in review 2:00: Movie Matinee: Hello Dolly 2:00: Resident Council 3 6:00: Evening Social	16 10:00: Wake up to the Music! 11:00: Weekend Review 2:00: Bingo
17 11:00: Mass channel 20 2:00: Virtual Hugs	18 Martin Luther King Jr. Day 9:30: Daily Chronicles/ Activity Cart 10:00: Rosary 10:30: Morning Stretch 11:30: Morning Chat 2:00: Be the Change... 4:00: Room Visits	19 9:30: Daily Chronicles/ Activity Cart 10:00: Morning Meeting 10:30: Fun with Fitness 11:30: <i>Morning Sing Along 3rd fl.</i> 2:00: Spa Day 4:00: Room Visits 6:00: Evening Social	20 9:30- 11:30: Bergen Lafayette Montessori School Project via Zoom! 11:00: Food Committee Meeting 3 2:00: Bingo 4:00: Room Visits	21 9:30: Daily Chronicles/ Activity Cart 10:00: Morning Review 10:30: Exercise Essentials 11:30: Trivia Thursday 2:00: Thirsty Thursday 4:00: Room Visits 6:00: Evening Social	22 9:30: Daily Chronicles/ Activity Cart 10:15: Mass: Channel 20 11:00: Stay Active! 11:30: Week in Review 2:00: Bible Study 3rd fl. 4:00: Room Visits 6:00: Evening Social	23 10:00: Wake up to the Music! 11:00: Weekend Review 2:00: Beads Galore!
24/31 11:00: Mass channel 20 2:00: Virtual Hugs	25 Activity Professionals Week! 9:30: Daily Chronicles/ Activity Cart 10:00: Rosary 10:30: Morning Stretch 11:30: Morning Chat 2:00: Let's Build a Snowman! 4:00: Room Visits	26 9:30: Daily Chronicles/ Activity Cart 10:00: Morning Meeting 10:30: Fun with Fitness 11:30: Reading Corner 2:00: Clap for Health 4:00: Room Visits 6:00: Evening Social	27 9:30: Daily Chronicles/ Activity Cart 10:00: Rosary 10:30: Sit & Be Fit 11:30: Walking Club 2:00: Super Bingo 4:00: Room Visits	28 9:30: Daily Chronicles/ Activity Cart 10:00: Morning Review 10:30: Exercise Essentials 11:30: Trivia Thursday 2:00: Marshmallow Wars 4:00: Room Visits 6:00: Evening Social	29 9:30: Daily Chronicles/ Activity Cart 10:15: Mass: Channel 20 11:00: Stay Active! 11:30: Resident Council 3 2:00: Monthly Birthday Party! 4:00: Room Visits 6:00: Evening Social	30 10:00: Wake up to the Music! 11:00: Weekend Review 2:00: Beads Galore!

Happy New Year