

MARCH 2021

Activities Director: Ayana Wheatley, MT-BC x539



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|---|--|
| | <p>1</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Chat 10:30: Morning Stretch 11:30: Music Hour 2:00: Travel Club: Brazil 4:00: Room Visits</p> | <p>2</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Meeting 10:30: Fun with Fitness 11:30: Current Events 2:00: Read Across America! 4:00: Room Visits 6:00: Evening Social</p> | <p>3</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Chat 10:30: Sit & Be Fit 11:30: Walking Club 2:00: Bingo 4:00: Room Visits</p> | <p>4</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Review 10:30: Exercise Essentials 11:30: Trivia Thursday 2:00: Creative Corner: DIY Monogram 4:00: Room Visits 6:00: Evening Social</p> | <p>5</p> <p>9:30: Daily Chronicles/Activity Cart 10:15: Mass: Channel 1-2 11:30: Stay Active! 2:00: Karaoke Hour 4:00: Room Visits 6:00: Evening Social</p> | <p>6</p> <p>10:00: Wake up to the Music! 11:00: Weekend Review 2:00: Bingo</p> |
| <p>7</p> <p>11:00: Mass channel 1-2 2:00: Virtual Hugs</p> | <p>8</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Chat 10:30: Morning Stretch 11:30: Music Hour 2:00: Women's Day: Makeover Monday! 4:00: Room Visits</p> | <p>9</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Meeting 10:30: Fun with Fitness 11:30: <i>Morning Sing Along 1st fl.</i> 2:00: Sensory Cooking 1st fl. 4:00: Room Visits 6:00: Evening Social</p> | <p>10</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Chat 10:30: Sit & Be Fit 11:30: Walking Club 2:00: Bingo 4:00: Room Visits</p> | <p>11</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Review 10:30: Exercise Essentials 11:30: Trivia Thursday 2:00: Bible Study 1st floor 4:00: Room Visits 6:00: Evening Social</p> | <p>12</p> <p>9:30: Daily Chronicles/Activity Cart 10:15: Mass: Channel 1-2 11:30: Stay Active! 2:00: Movie Matinee: Alfred Hitchcock 4:00: Room Visits 6:00: Evening Social</p> | <p>13</p> <p>10:00: Wake up to the Music! 11:00: Weekend Review 2:00: Jewelry Making</p> |
| <p>14</p> <p>11:00: Mass channel 1-2 2:00: Virtual Hugs</p> | <p>15</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Chat 10:30: Morning Stretch 11:30: Music Hour 2:00: Movie Matinee: RBG 4:00 Room Visits</p> | <p>16</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Meeting 10:30: Fun with Fitness 11:30: Current Events 2:00: Bingo 4:00: Room Visits 6:00: Evening Social</p> | <p>17</p> <p>9:30: Daily Chronicles/Activity Cart 10:00 Morning Chat 11:00: Sit & Be Fit 11:30: Food Committee Meeting 2:00: St. Patrick's Day Celebration! 4:00: Room Visits</p> | <p>18</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Review 10:30: Exercise Essentials 11:30: Trivia Thursday 2:00: DIY Pillow: World Sleep Day 4:00: Room Visits 6:00: Evening Social</p> | <p>19</p> <p>9:30: Daily Chronicles/Activity Cart 10:15: Mass: Channel 1-2 11:30: Stay Active! 2:00: Paint & Sip with flowers! 4:00: Room Visits 6:00: Evening Social</p> | <p>20 1st Day of Spring</p> <p>10:00: Wake up to the Music! 11:00: Weekend Review 2:00: Bingo</p> |
| <p>21</p> <p>11:00: Mass channel 1-2 2:00: Virtual Hugs</p> | <p>22</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Chat 10:30: Morning Stretch 11:30: Music Hour 2:00: Bible Study 3rd floor 4:00: Room Visits</p> | <p>23</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Meeting 10:30: Fun with Fitness 11:30: <i>Morning Sing Along 3rd fl.</i> 2:00: Chip & Dip Day! 4:00: Room Visits 6:00: Evening Social</p> | <p>24</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Chat 10:30: Sit & Be Fit 11:30: Walking Club 2:00: Bingo 4:00: Room Visits</p> | <p>25</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Review 10:30: Exercise Essentials 11:30: Trivia Thursday 2:00: Monthly Birthday Party! 4:00: Room Visits 6:00: Evening Social</p> | <p>26</p> <p>9:30: Daily Chronicles/Activity Cart 10:15: Mass: Channel 1-2 11:30: Stay Active! 2:00: Resident Council 3rd fl. 4:00: Room Visits 6:00: Evening Social</p> | <p>27 Passover</p> <p>10:00: Wake up to the Music! 11:00: Weekend Review 2:00: Beads Galore!</p> |
| <p>28 PALM SUNDAY</p> <p>11:00: Mass channel 1-2 2:00: Virtual Hugs</p> | <p>29</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Chat 10:30: Morning Stretch 11:30: Music Hour 2:00: Sensory Cooking 1st fl. 4:00: Room Visits</p> | <p>30</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Meeting 10:30: Fun with Fitness 11:30: Current Events 2:00: Jeopardy Game 4:00: Room Visits 6:00: Evening Social</p> | <p>31</p> <p>9:30: Daily Chronicles/Activity Cart 10:00: Morning Chat 10:30: Sit & Be Fit 11:30: Walking Club 2:00: Bingo 4:00: Room Visits</p> | <p>Mass offered Fridays and Sundays on channel 1-2.</p> | | <p>ACTIVITIES DEPARTMENT:</p> <p>1ST Floor: Lillian/Rebeca 2ND Floor: Aliyah 3RD Floor: Joanne Part time/Evening: Lacrisha</p> |
| | | | | | | <p><i>Activities and locations, subject to change.</i></p> <p>-----</p> <p><i>Video call appointments: x539 (Facetime or Google Duo)</i></p> |