


OCTOBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ACTIVITIES DEPARTMENT: Deidra Joanne Lillian Nathalie Activities Director: Ayana Wheatley, MT-BC x539	<i>Activities and locations subject to change.</i>	<i>Mass offered Tuesdays, Fridays and Sundays Live on channel 1-2.</i>			1 10:15: Mass 11:30: Morning Stretch 2:00: Walking Club 3:00: <i>World Smile Day!</i> 4:00: Milkshake Social 4:30: Movie Matinee 6:00: Scrabble	2 10:30: Wake up to the Music! 11:00: Daily Chronicles 2:00: Afternoon Stretch
3 HAPPY BIRTHDAY PEGGY! 11:00: Mass channel 1-2 2:00: <i>Art Therapy</i>	4 10:00: Rosary 11:30: Morning Stretch 2:00: Walking Club 3:00: <i>Jewelry Making</i> 4:00: Afternoon Social	5 10:00: Mass/Rosary 11:30: Fun with Fitness 2:00: Music Hour 3:00: <i>Spa Day</i> 4:00: Afternoon Social 6:00: Bingo	6 10:00: Daily Chronicle 10:30: Sit & Be Fit 11:30: Read Aloud 2:00: Walking Club 3:00: <i>Bingo</i> 4:00: Afternoon Social	7 10:00: Communion Service 11:30: Stretch with me 2:00: Coffee Talk 3:00: <i>Bible Study</i> 4:00: Happy Hour 6:00: Evening Social	8 10:15: Mass 11:30: Morning Stretch 2:00: Walking Club 3:00: <i>Family Game Day</i> 4:00: Milkshake Social 4:30: Movie Matinee 6:00: Scrabble	9 HAPPY BIRTHDAY ELEANOR! 10:30: Wake up to the Music! 11:00: Daily Chronicles 2:00: <i>Scrabble</i>
10 HAPPY BIRTHDAY VIRGINIA! 11:00: Mass channel 1-2 2:00: <i>Afternoon Social</i>	11 INDIGENOUS PEOPLES DAY/ COLUMBUS DAY 10:00: Rosary 11:30: Morning Stretch 2:00: Walking Club 3:00: <i>Trivia</i> 4:00: Afternoon Social	12 HAPPY BIRTHDAY MICHAEL! 10:00: Mass/Rosary 11:30: Fun with Fitness 2:00: Music Hour 3:00: <i>Tasty Tuesday: Italian</i> 4:00: Afternoon Social 6:00: Bingo	13 10:00: Daily Chronicle 10:30: Sit & Be Fit 11:30: <i>Fall Leaves Scenic Drive</i> 2:00: Walking Club 3:00: <i>Bingo</i> 4:00: Afternoon Social	14 10:00: Communion Service 11:30: Stretch with me 2:00: Coffee Talk 3:00: <i>Oktoberfest: Cooking club</i> 4:00: Happy Hour 6:00: Art as Therapy	15 10:15: Mass 11:30: <i>Morning Stretch</i> 2:00: Walking Club 3:00: <i>I Love Lucy Marathon</i> 4:00: Milkshake Social 6:00: Scrabble	16 HAPPY BIRTHDAY THIN! 10:30: Wake up to the Music! 11:00: Daily Chronicles 2:00: <i>Read Aloud</i>
17 11:00: Mass channel 1-2 2:00: <i>Art Therapy</i>	18 10:00: Rosary 11:30: Morning Stretch 2:00: Walking Club 3:00: <i>Creative Corner: Shadow Art</i> 4:00: Afternoon Social	19 HAPPY BIRTHDAY GENE! 10:00: Mass/Rosary 11:30: Fun with Fitness 2:00: Music Hour 3:00: <i>Sip & Paint</i> 4:00: Afternoon Social 6:00: Bingo	20 10:00: Daily Chronicle 10:30: Sit & Be Fit 11:30: <i>Food Committee Meeting</i> 2:00: Walking Club 3:00: <i>Bingo</i> 4:00: Afternoon Social	21 10:00: Communion Service 11:30: Stretch with me 2:00: Coffee Talk 3:00: <i>Think Positive Day! : Music Therapy</i> 4:00: Happy Hour 6:00: Evening Social	22 10:15: Mass 11:30: Morning Stretch 2:00: <i>Resident Council</i> 3:00: <i>Movie Matinee</i> 4:00: Milkshake Social 6:00: Scrabble	23 10:30: Wake up to the Music! 11:00: Daily Chronicles 2:00: <i>Music Hour</i>
24/31 11:00: Mass channel 1-2 2:00: <i>Art Therapy</i>	25 HAPPY BIRTHDAY JUANITA! 10:00: Rosary 11:30: Morning Stretch 2:00: Walking Club 3:00: <i>Bowling</i> 4:00: Afternoon Social	26 10:00: Mass/Rosary 11:30: Fun with Fitness 2:00: Music Hour 3:00: <i>Tasty Tuesday: Polish</i> 4:00: Afternoon Social 6:00: Bingo	27 10:00: Daily Chronicle 10:30: Sit & Be Fit 11:30: <i>Autumn Scenic Tour</i> 2:00: Walking Club 3:00: <i>Bingo</i> 4:00: Afternoon Social	28 10:00: Communion Service 11:30: Stretch with me 2:00: Coffee Talk 3:00: <i>Bible Study</i> 4:00: Happy Hour 6:00: Art as Therapy	29 10:15: Mass 11:30: <i>Trick or Treat w/AMDC</i> 2:00: <i>Halloween Birthday Party!</i> 3:30: Walking Club 4:00: Movie Matinee 6:00: Scrabble	30 10:30: Wake up to the Music! 11:00: Daily Chronicles 2:00: <i>Walking Club</i>