

JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>1</p> <p>10:00: Morning Greet 10:30: Move & Groove 11:00: Mass 2:00: <i>Table Time Activities</i> 3:00: <i>Sunday Smoothies social</i></p>	<p>2</p> <p>10:00: Morning Review 10:30: Morning Stretch 11:00: Rosary 2:30: <i>Cooking Club: Georgia Peach Parfait</i> 5:30: Evening Social</p>	<p>3</p> <p>10:00: Morning Trivia 10:30: Fun with Fitness 11:00: Mass/Rosary 2:00: <i>Karaoke Hour</i> 3:30: Afternoon Social</p>	<p>4</p> <p>10:00: Sit & Be Fit 10:30: Word in a Word 11:00: <i>Meet & Greet with our new Administrator! - APR</i> 2:00: Bingo 3:30: Afternoon Social</p>	<p>5</p> <p>10:00: Finish the Phrase 10:30: Stretch with me 11:00: Rosary 2:30: <i>Creative Corner: National Bird Day!</i> 3:30: Afternoon Social</p>	<p>6</p> <p>10:00: Today in History 10:30: Chair Dance 11:00: Mass/Rosary 2:00: <i>Epiphany</i> 3:00: Hot cocoa Social 5:30: Scrabble</p>	<p>7</p> <p>10:00: Toss & Talk 10:30: Saturday Stretch 11:00: Walking Club 2:00: <i>Afternoon Movie</i> 3:00: <i>Afternoon social</i></p>	
<p>8</p> <p>10:00: On this Day... 10:30: Move & Groove 11:00: Mass 2:00: <i>Elvis Trivia</i> 3:00: <i>Sunday Smoothies social</i></p>	<p>9</p> <p>10:00: Morning Review 10:30: Morning Stretch 11:00: Rosary 2:30: <i>Say What?</i> 3:30: Monday Milkshakes Social 5:30: Evening Social</p>	<p>10</p> <p>10:00: Morning Trivia 10:30: Fun with Fitness 11:00: Mass/Rosary 2:00: <i>Creative Corner: Saturday Evening Post Covers</i> 3:30: Afternoon Social</p>	<p>11</p> <p>10:00: Sit & Be Fit 10:30: Word in a Word 11:00: Music Hour! 2:00: Bingo 3:30: Afternoon Social</p>	<p>12</p> <p>10:00: Name 12. 10:30: Stretch with me 11:00: Rosary 2:30: <i>National Hot Tea Day</i> 3:30: Movie Matinee</p>	<p>13</p> <p>10:00: Today in History 10:30: Chair Dance 11:00: Mass/Rosary 2:00: <i>Nail Spa</i> 3:00: Hot cocoa Social 5:30: Scrabble</p>	<p>14</p> <p>10:00: Toss & Talk 10:30: Saturday Stretch 11:00: Walking Club 2:00: <i>Crafty Saturday</i> 3:00: <i>Afternoon social</i></p>	
<p>15</p> <p>10:00: On this Day... 10:30: Move & Groove 11:00: Mass 2:00: <i>Sunday Fun Day</i> 3:00: <i>Sunday Smoothies social</i></p>	<p>16</p> <p>10:00: Morning Review 10:30: Morning Stretch 11:00: Rosary 2:30: <i>MLK Craft</i> 3:30: Monday Milkshakes Social 5:30: Evening Social</p>	<p>17</p> <p>10:00: Morning Trivia 10:30: Fun with Fitness 11:00: Mass/Rosary 2:00: <i>Snowflake Day</i> 3:00: <i>Celebrate Betty White</i> 3:30: Afternoon Social</p>	<p>18</p> <p>10:00: Sit & Be Fit 10:30: Words with Friends 11:00: Music Hour! 2:00: Bingo 3:00: <i>Food Committee Meeting</i> 3:30: Afternoon Social</p>	<p>19</p> <p>10:00: Finish the Phrase 10:30: Stretch with me 11:00: Rosary 2:30: <i>Nail Spa</i> 3:30: Popcorn Social</p>	<p>20</p> <p>10:00: Today in History 10:30: Chair Dance 11:00: Mass/Rosary 2:00: <i>Create with me: Penguins</i> 3:00: National Cheese Day Social 5:30: Scrabble</p>	<p>21</p> <p>10:00: Toss & Talk 10:30: Saturday Stretch 11:00: Walking Club 2:00: <i>Afternoon Movie</i> 3:00: <i>Afternoon social</i></p>	
<p>22</p> <p>10:00: On this Day... 10:30: Move & Groove 11:00: Mass 2:00: <i>Let's Reminisce</i> 3:00: <i>Sunday Smoothies social</i></p>	<p>23</p> <p>10:00: Morning Review 10:30: Morning Stretch 11:00: Rosary 2:30: <i>Baking Club: National Pie Day</i> 5:30: Evening Social</p>	<p>24</p> <p>10:00: Morning Trivia 10:30: Fun with Fitness 11:00: Mass/Rosary 2:00: <i>Blast from the Past Fashion Show!</i> 3:30: Afternoon Social</p>	<p>25</p> <p>10:00: Sit & Be Fit 10:30: Word in a Word 11:00: Music Hour! 2:00: Bingo 3:30: Afternoon Social</p>	<p>26</p> <p>10:00: Finish the Phrase 10:30: Stretch with me 11:00: Rosary 2:30: <i>Monthly Birthday Party!</i> 3:30: Movie Matinee</p>	<p>27</p> <p>10:00: Today in History 10:30: Chair Dance 11:00: Mass/Rosary 12: <i>Chinese New Year Luncheon</i> 2:00: <i>Craft Corner: Year of the Rabbit</i> 5:30: Scrabble</p>	<p>28</p> <p>10:00: Toss & Talk 10:30: Saturday Stretch 11:00: Walking Club 2:00: <i>Crafty Saturday</i> 3:00: <i>Afternoon social</i></p>	
<p>29</p> <p>10:00: On this Day... 10:30: Move & Groove 11:00: Mass 2:00: <i>National Puzzle Day!</i> 3:00: <i>Sunday Smoothies social</i></p>	<p>30</p> <p>10:00: Morning Review 10:30: Morning Stretch 11:00: Rosary 2:30: <i>Bowling</i> 3:00: Croissants Social 5:30: Evening Social</p>	<p>31</p> <p>10:00: Morning Trivia 10:30: Fun with Fitness 11:00: Mass/ Rosary 2:30: <i>Inspire your Heart with Art! Create with us</i> 3:30: Hot Cocoa Social</p>	<p><i>Activities and locations are subject to change.</i></p>		<p>ACTIVITIES DEPARTMENT:</p> <p>Deirdre Vanessa Shavanie Destiny Priscilla Jaikell</p> <p>Activities Director: Ayana Wheatley, MT-BC x539</p>		